

North Montgomery High School Menu



Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, honey bun, cereal, yogurt, or muffin with toast.

August – October 2017

	Monday	Tuesday	Wednesday	Thursday	Friday		
Blue	Super Donut Corndog Baked Beans Potato Smiles Mixed Vegetables Chilled Peaches	Breakfast Pizza Toasted Cheese Sand. Chicken Noodle Soup Romaine Salad Fresh Carrots & Cucumbers with Dip Fresh Apple Wedges	Sausage & Egg Slider Grilled or Brd. Chicken Patty Sandwich Potato Wedges Steamed Broccoli Chilled Pears Chocolate Chip Cookie	Biscuits & Gravy Spaghetti Garlic Toast Romaine Salad Seasoned Green Beans Mixed Fruit	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, & Red Pepper Strips Vegetable Dip Warm Apple Special	Breakfast Components: Entrée Choice (protein and/or grains) Fruit Milk	Breakfast Meal Prices: Student \$1.10 Reduced .30 Extra Milk .40
	Super Donut Chicken Alfredo Sauce With Rotini Noodles Romaine Salad Breadstick Mixed Vegetables Applesauce	Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Chilled Pears Carnival Cookie	Cheese Omelet & Toast Chicken Bites Au Gratin Potatoes Seasoned Broccoli Fresh Orange Wedges Sliced Bread	Biscuits & Gravy Salisbury Steak Homemade Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Peaches	Pancake Wrap Garlic Cheese Flatbread Romaine Salad Steamed Carrots Fresh Watermelon Animal Crackers		
	Super Donut Hot Dog on Bun Coney Sauce Seasoned Potato Wedges Baked Beans Chilled Pears	Breakfast Pizza Chicken Fajita Wrap Shredded Lettuce Diced Tomatoes Seasoned Corn Warm Apple Special Snickerdoodle Cookie	Sausage & Egg Slider Rotini with Meat Sauce Bread Stick Romaine Salad Seasoned Green Beans Chilled Peaches	Biscuits & Gravy Deli Sub Sandwich Lettuce, Sliced Tomatoes, Onions, Red Peppers, & Cucumbers Seasoned Baked Fries Applesauce	Pancake Wrap Pizza Tossed Salad Baby Carrots, Broccoli, Red Pepper Strips Vegetable Dip Mixed Fruit	<p>What Makes A Lunch? Select 3 of the 5 Components</p> <ul style="list-style-type: none"> Protein Fruit Vegetable Grain Milk <p>One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk, Fresh Fruits, Fruit Juice, and Vegetables offered daily.</p> <p>This institution is an equal opportunity provider.</p>	
	Super Donut Crispy Chicken Tenders Macaroni & Cheese Romaine Salad Steamed Broccoli Chilled Pears Sliced Bread	Breakfast Pizza Brd Mozzarella Sticks Marinara Sauce Romaine Salad Seasoned Green Beans Fresh Apple Wedges Carnival Cookie	Cheese Omelet & Toast Turkey & Noodles Homemade Roll Whipped Potatoes Gravy Steamed Carrots Chilled Peaches	Biscuits & Gravy Popcorn Chicken Creamy Coleslaw Roasted Potatoes Celery & Carrots w/Dip Fresh Orange Wedges Sliced Bread	Pancake Wrap No Bean Burrito Lettuce & Tomatoes Spanish Rice Refried Beans Steamed Corn Mixed Fruit		

AUGUST	M	T	W	T	F	SEPTEMBER	M	T	W	T	F	OCTOBER	M	T	W	T	F
Blue	X	X	X	X	X	Blue					1	Orange	2	3	4	5	6
Orange	X	X	9	10	11	Orange	X	5	6	7	8	Green	9	10	11	12	13
Green	14	15	16	17	18	Green	11	12	13	14	15	Red	X	X	X	X	X
Red	21	22	23	24	25	Red	18	19	20	21	22	Blue	23	24	25	26	27
Blue	28	29	30	31		Blue	25	26	27	28	29	Orange	30	31			

Lunch Entrée Choices include the daily entrée, deli sandwich, salad bar, or yogurt with crackers.
 Monday, Wednesday, & Friday: Taco Bar
 Tuesday & Thursday: Baked Potato Bar
 Ala Carte items are available if the student food service account is positive. Menu subject to change.
 North Montgomery High School Food Service Contact:
 Sandy Bradshaw (765) 362-5140 ext. 287

Chicken Quesadilla
Refried Beans
Spanish Rice
Seasoned Corn
Fresh Apple Wedges

Hot Combo Sub Sandwich
Lettuce, Sliced Tomatoes,
Onions, Red Peppers, & Cucumbers
Seasoned Baked Fries
Applesauce

Ham & Turkey Club Wrap
Romaine Salad
Steamed Corn
Baby Carrots
Fresh Apple Wedges