

# North Montgomery Elementary Schools



2018-2019 School Year

Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, PBJ wafer, cereal or yogurt with toast or goldfish grahams.

## August – October 2018

	Monday	Tuesday	Wednesday	Thursday	Friday		
<b>Blue</b>	Super Donut or Muffin Corndog Baked Beans Seasoned Baked Fries Baby Carrots with Dip Applesauce	Breakfast Pizza Grilled or Brd. Chicken Patty Sandwich Potato Wedges Steamed Broccoli Chilled Pears Fruit Juice	Chicken Breakfast Sand Salisbury Steak Whipped Potatoes Gravy Seasoned Green Beans Chilled Mixed Fruit Cinnamon Roll	Sausage Biscuit Chicken Tacos Lettuce/Tomatoes Seasoned Corn Spanish Rice Warm Apple Special Snicker Doodle Cookie	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, Red Pepper Strips w/Dip Watermelon Chunks	<b>Breakfast Components:</b> Entrée Choice (protein and/or grains) Fruit Milk	<b>Breakfast Meal Prices:</b> Student \$1.10 Reduced .30 Extra Milk .40
	Super Donut or Muffin Chicken Alfredo Breadstick Romaine Salad Steamed Carrots Mixed Fruit Cinnamon Crisp	Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Chilled Pears Chocolate Chip Cookie	Chicken Breakfast Sand Chicken Bites Au Gratin Potatoes Seasoned Broccoli Fresh Orange Wedges Sliced Bread Fruit Juice	Sausage Biscuit Spaghetti Romaine Salad Texas Toast Seasoned Green Beans Peaches Fruit Juice	Pancake Wrap Kabob In A Cup (Ham & Cheese with Fresh Grapes) Fresh Carrots & Broccoli Cheddar Goldfish Applesauce	<b>Lunch Components:</b> Entrée Choice (protein) Fruit Vegetable Grain Milk	<b>Lunch Meal Prices:</b> Student \$1.65 Reduced .40 Extra Milk .40
<b>Green</b>	Super Donut or Muffin Hot Dog on Bun Coney Sauce Seasoned Potato Wedges Baked Beans Chilled Pears	Breakfast Pizza Toasted Cheese Sand. Chicken Noodle Soup Romaine Salad Fresh Carrots & Cucumbers with Dip Fresh Apple Wedges	Chicken Breakfast Sand Pancakes & Sausage Patty Potato Smiles Fresh Veggies with Dip Blueberries & Strawberries Fruit Juice	Sausage Biscuit Brd Chicken Drumstick Garlic Toast Seasoned Green Beans Whipped Potatoes/Gravy Chilled Peaches	Pancake Wrap Brd Mozzarella Sticks Marinara Sauce Romaine Salad Steamed Carrots Fresh Apple Wedges Carnival Cookie	<p><b>What Makes A Lunch?</b> Select 3 of the 5 Components</p> <ul style="list-style-type: none"> <li>Protein</li> <li>Fruit</li> <li>Vegetable</li> <li>Grain</li> <li>Milk</li> </ul> <p>One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk offered daily. This institution is an equal opportunity provider.</p>	
	Super Donut or Muffin Crispy Chicken Tenders Macaroni & Cheese Romaine Salad Steamed Broccoli Chilled Pears Fruit Juice	Breakfast Pizza Rotini with Meat Sauce Breadstick Romaine Salad Seasoned Green Beans Fresh Orange Wedges Fruit Juice	Chicken Breakfast Sand Popcorn Chicken Creamy Coleslaw Roasted Potatoes Celery & Carrots w/ Dip Applesauce	Sausage Biscuit Turkey & Noodles Whole Grain Roll Whipped Potatoes/Gravy Steamed Carrots Chilled Peaches Fruit Juice	Pancake Wrap BBQ Rib Sandwich Au Gratin Potatoes Romaine Salad Mixed Fruit Chocolate Chip Cookie		
<b>Red</b>							

AUGUST	M	T	W	T	F	SEPTEMBER	M	T	W	T	F	OCTOBER	M	T	W	T	F
Blue	X	7	8	9	10	Blue	X	4	5	6	7	Blue	1	2	3	4	5
Orange	13	14	15	16	17	Orange	10	11	12	13	14	Orange	8	9	10	11	12
Green	20	21	22	23	24	Green	17	18	19	20	21	Green	X	X	X	X	X
Red	27	28	29	30	31	Red	24	25	26	27	28	Red	23	24	25	26	27
Blue						Blue						Blue	30	31			

Lunch Entrée Choices include the daily entrée, chef salad, peanut butter and jelly sandwich, cheese or yogurt with crackers. Ala Carte items are available if the student food service account is positive. Menu subject to change.

Elementary School Food Service Contact information:  
Lester B. Sommer: Deb Merryman (765)362-3979 ext. 232  
Pleasant Hill: Kim Fidler (765)339-4403 ext. 232  
Sugar Creek: Dee Brooks (765)794-4855 ext. 232