

Northridge Middle School Menu



2017-2018 School Year

Be sure and get a good start to your day with Breakfast! Breakfast choices include the daily entrée, cinnamon bun, PBJ wafer, cereal or yogurt with toast or goldfish grahams.

February – April 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	
Blue	Whole Grain Muffin Grilled or Brd. Chicken Patty Sandwich Potato Wedges Steamed Broccoli Chilled Pears Chocolate Chip Cookie	Breakfast Pizza Toasted Cheese Sand. Chicken Noodles Soup Romaine Salad Fresh Carrots & Cucum- bers with Dip Fresh Apple Wedges.	Mini Cinnamon Rolls Corndog Oven Baked Fries Baked Beans Steamed Corn Mixed Friut	Biscuits & Gravy Spaghetti Garlic Toast Romaine Salad Seasoned Green Beans Applesauce	Pancake Wrap No Bean Burrito Lettuce/Tomatoes/Salsa Baby Carrots, Broccoli, & Red Pepper Strips Vegetable Dip Warm Apple Special	Breakfast Components: Entrée Choice (protein and/or grains) Fruit Milk Breakfast Meal Prices: Student \$1.10 Reduced .30 Extra Milk .40
Orange	Whole Grain Muffin Chicken Alfredo Sauce With Rotini Noodles Romaine Salad Breadstick Mixed Vegetables Strawberries	Breakfast Pizza Texas Straw Hat Refried Beans Shredded Lettuce Diced Tomatoes Chilled Pears Carnival Cookie	French Toast Sticks Chicken Bites Au Gratin Potatoes Seasoned Broccoli Fresh Orange Wedges Sliced Bread	Chix Breakfast Sandwich Salisbury Steak Sliced Dinner Roll Whipped Potatoes Gravy Seasoned Green Beans Chilled Peaches	Pancake Wrap Chicken Teriyaki Steamed Rice Romaine Salad Steamed Carrots Mixed Fruit Animal Crackers	Lunch Components: Entrée Choice(protein) Fruit Vegetable Grain Milk Lunch Meal Prices: Student \$1.75 Reduced .40 Extra Milk .40
Green	Whole Grain Muffin Hot Dog on Bun Coney Sauce Oven Baked Fries Baked Beans Chilled Pears	Breakfast Pizza Chicken Fajita Wrap Lettuce & Tomatoes Spanish Rice Seasoned Corn Warm Apple Special	Mini Cinnamon Rolls Lasagna Roll up Garlic Bread Romaine Salad Seasoned Green Beans Chilled Peaches	Biscuits & Gravy Chicken Pot Pie Whipped Potatoes Romaine Salad Frozen Fruit Cup Snicker Doodle	Pancake Wrap Pizza Romaine Salad Baby Carrots, Broccoli, Red Pepper Strips Vegetable Dip Mandarin Oranges	<p>What Makes A Lunch? Select 3 of the 5 Components</p> <ul style="list-style-type: none"> Protein Fruit Vegetable Grain Milk <p>One must include a minimum of ½ cup fruit or vegetable to count as a lunch or breakfast. Milk offered daily. X=No School XS=No School or Snow Make Up Day, if needed. This institution is an equal opportunity provider.</p>
Red	Whole Grain Muffin Crispy Chicken Tenders Macaroni & Cheese Romaine Salad Steamed Broccoli Chilled Pears	Breakfast Pizza Mini Pizza Bagels Romaine Salad Seasoned Green Beans Strawberries Chocolate Chip Cookie	French Toast Sticks Popcorn Chicken Creamy Coleslaw Roasted Potatoes Celery & Carrots w/ Dip Pineapple	Chix Breakfast Sandwich Turkey & Noodles Sliced Dinner Roll Whipped Potatoes Gravy Steamed Carrots Chilled Peaches	Pancake Wrap Western BBQ Nachos Refried Beans Salsa Steamed Corn Mixed Fruit Carnival Cookie	

FEBRUARY	M	T	W	T	F	MARCH	M	T	W	T	F	APRIL	M	T	W	T	F
Blue				1	2	Blue				1	2	Blue	2	3	4	5	6
Orange	5	6	7	8	9	Orange	5	6	7	8	9	Orange	9	10	11	12	13
Green	12	13	14	15	16	Green	12	13	14	15	16	Green	16	17	18	19	20
Red	19	20	21	22	23XS	Red	19	20	21	22	23	Red	23	24	25	26	27
Blue	26	27	28			Spring Break	26X	27X	28X	29X	30X	Blue	30				

Fish offered as a choice of entrée during Lent.

Lunch Entrée Choices include the daily entrée, deli sandwich, chef salad, or yogurt with crackers.
Ala Carte items are available if the student food service account is positive. Menu subject to change.

Northridge Cougar Café Food Service Contact Information:
Staci Heide (765) 364-1071 ext. 634