



The beginning of the school year brings new opportunities for our students to learn, grow, and succeed. Why not give them a leg up by incorporating school breakfast into their morning routine. Having breakfast in the morning has been shown to increase test scores, improve behavior, and result in fewer trips to the school nurse.

The School Breakfast Program is available to all students every day. Since school breakfasts must meet the USDA's guidelines for nutrition, you can be confident that your child's meal will provide the fuel necessary for learning. By taking advantage of this program, your child will receive more than just a nutritious breakfast and an academic advantage; he or she will be healthier as well.

As we welcome in the new school year, please consider making school breakfast part of your child's morning routine. A nutritious breakfast is served at:

7:30 every morning at Lester B. Sommer Elementary School
7:40 every morning at Pleasant Hill Elementary School
7:30 every morning at Sugar Creek Elementary School
7:50 every morning at North Montgomery Middle School
7:55 every morning at North Montgomery High School

If you have questions concerning NMCS Food Services Program please contact your individual school cafeteria Kitchen Supervisor at the numbers listed below or go to www.nm.k12.in.us, go to the parent tab, and click on food services to learn about the Offer Versus Serve meal components available at meal time.

Lester B. Sommer Elementary School: Brandi Tapia, 362-3979 ext. 232
Pleasant Hill Elementary School: Kim Fidler, 339-4403 ext. 232
Sugar Creek Elementary School: Dee Brooks, 794-4855 ext. 232
North Montgomery Middle School: Jennifer Himes, 364-1071 ext. 634
North Montgomery High School: Hope Shrader, 362-5140 ext. 287

Parents requesting a meal modification for their student may contact the Director of Food Services. Detailed information concerning meal modifications can be found at the food services page listed above, under the Food Services Information link.

North Montgomery encourages wellness for our students, staff, and community. If you, your student, or someone you know in the community is interested in joining our wellness team, please contact one of our school cafeteria Kitchen Supervisors. Our wellness information can be found under the food services tab mentioned above.

For the 2021-2022 school year breakfast and lunch meals are free to all students. Parents are encouraged to fill out a meal and textbook application if you feel your child may be eligible for assistance for meals, textbooks, or other programs. Each school year a new application must be filled out; applications are available after early July on our corporation website: www.nm.k12.in.us, at individual schools, or at the NMCS Administrative Office. It may be returned to the school offices or the NMCS Administrative Office, 480 W 580 N, Crawfordsville, IN 47933. If you have questions please contact, Karyn Elder, Director of Food Services, at the above address, kelder@nm.k12.in.us, or by phone 765-359-2112 ext. 123.

We hope your child will join us for breakfast and lunch!

Karyn Elder

Director of Food Services NMCS

This institution is an equal opportunity provider.