



North Montgomery Middle School Menu

2023-2024 School Year

Be sure and get a good start to your day with Breakfast!
Breakfast Paid Meal Price \$1.35 Reduced Breakfast Price \$.30
Lunch Paid Meal Price \$2.00 Reduced Lunch Price \$.40
Milk \$.65

February - April 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Blue	Donut Pull Apart Or Breakfast Round Grilled or Brd. Chicken Patty Sand. Potato Wedges Baked Beans Applesauce	Breakfast Pizza Texas Straw Hat Lettuce & Tomatoes Refried Beans, Salsa Baby Carrots & Dip Fruit Juice Cheez-It Crackers	Uncrustable Chicken Tenders Whipped Potatoes Gravy Seasoned Green Beans Orange Wedges Warm Baked Roll	Biscuit & Gravy Totcho Bowl (Potato Tots, Shredded Pork topped with Cheese Steamed Corn Fruit Juice Garlic Toast	Mini Eggos Pizza Romaine Salad Baby Carrots, Broccoli, Red Pepper Strips w/Dip Warm Apple Special Sugar Cookie
Orange	Banana Bread Hot Dog on Bun Coney Sauce Mac & Cheese Cucumbers & Ranch Baked Beans Chilled Pears	Breakfast Pizza Turkey & Noodles Warm Baked Roll Whipped Potatoes/Gravy Seasoned Green Beans Fruit Juice	Cinnamon Donut Holes Stuffed Cheese Bread Sticks, Marinara Sauce Romaine Salad Steamed Carrots Fresh Apple Wedges Choc Chip Cookie	Sausage Biscuit Hamburger Sandwich Sliced Cheese, Tomato, Onion, & Lettuce Oven Baked Fries Steamed Broccoli Fruit Juice	Cinnamon Roll Burrito Bowl (Rice, Seasoned Chicken, topped with cheese) Black Beans, Corn Chips & Salsa Chilled Peaches
Green	Donut Pull Apart Or Breakfast Round Chicken Alfredo Romaine Salad Breadstick Steamed Broccoli Applesauce	Cheese Omelet & Toast Toasted Cheese Sand. Chicken & Noodle Soup or Tomato Soup Romaine Salad Baby Carrots & Dip Fruit Juice	Cinnamon Roll Salisbury Steak Whipped Potatoes/Gravy Warm Baked Roll Seasoned Green Beans Chilled Mixed Fruit	Breakfast Chicken Sand Beef Nachos Salsa Refried Beans Cowboy Corn Salad Fruit Juice Cheddar Goldfish	Strawberry Boli Corndog Oven Baked Fries Steamed Carrots Chilled Pears Chocolate Cookie

What Makes A Breakfast?
 Select 3 of the 4 Components
 2 Grains or 1 Grain & 1 Protein
 Fruit
 Milk
 One must include a minimum of ½ Cup Fruit to count as a Breakfast Meal.

What Makes A Lunch?
 Select 3 of the 5 Components
 Protein
 Fruit
 Vegetable
 Grain
 Milk
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

February	M	T	W	Th	F	March	M	T	W	Th	F	April	M	T	W	Th	F
Blue				1	2	Orange					1	Green	1	2	3	4	5
Orange	5	6	7	8	9	Green	4	5	6	7	8	Blue	8X-e-L	9	10	11	12
Green	12	13	14	15	16	Blue	11	12	13	14	15X-S	Orange	15	16	17	18	19
Blue	19X-S	20	21	22	23	Orange	18	19	20	21	22	Green	22	23	24	25	26
Orange	26	27	28	29	1	Spring Break	25X	26X	27X	28X	29X	Blue	29	30	1	2	3

Lunch Entrée Choices include the daily entrée, deli sandwich, yogurt & cheese pack, and fresh salad entrée bowl with crackers. ***During Lent, fish is offered as an entrée.*** Milk is offered with lunch & breakfast. Breakfast includes choices of fresh fruit, raisins, & 100% fruit juice. We try our best to serve our menus as posted; however, sometimes last-minute changes occur. Please check with the Kitchen Supervisor prior to the meal if you have any concerns. North Montgomery Middle School Food Service Contact Information: Jennifer Himes (765)364-1071 ext. 634. Nutrition & payment information: www.nm.k12.in.us/departments/food-services

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