

# North Montgomery Elementary Schools



2022-2023 School Year

**Be sure and get a good start to your day with Breakfast!**  
**Breakfast Paid Meal Price \$1.35 Reduced Breakfast Price \$.30**  
**Lunch Paid Meal Price \$1.90 Reduced Lunch Price \$.40**  
**Milk \$.65**

## February - March - April 2022-23

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Blue</b>	Banana Bread Grilled or Brd. Chicken Patty Potato Wedges Steamed Broccoli Applesauce	Super Glazed Donut or Breakfast Round Soft Beef Tacos Lettuce & Tomatoes Steamed Corn Refried Beans, Salsa Fruit Juice	Sausage Biscuit Turkey & Noodles Whipped Potatoes Gravy Warm Dinner Roll Seasoned Green Beans Chilled Mixed Fruit	Mini Eggos Chili & Crackers Fresh Celery & Carrots Peanut Butter Cup Sliced Bread Fruit Juice	Cinnamon Bun Pizza Romaine Salad Baby Carrots, Broccoli, Red Pepper Strips with Ranch Dip Apple Special
	Orange	Orange	Orange	Orange	Orange
	Green	Green	Green	Green	Green

**What Makes A Breakfast?**  
 Select 3 of the 4 Components  
 2 Grains or 1 Grain & 1 Protein  
 Fruit  
 Milk  
 One must include a minimum of ½ Cup Fruit to count as a Breakfast Meal.

**What Makes A Lunch?**  
 Select 3 of the 5 Components  
 Protein  
 Fruit  
 Vegetable  
 Grain  
 Milk  
 One must include a minimum of ½ Cup Fruit or Vegetable to count as a Lunch Meal.

February	M	T	W	Th	F	March	M	T	W	Th	F	April	M	T	W	Th	F
Orange			1	2	3	Green			1	2	3	Blue	3	4	5	6	7
Green	6	7	8	9	10	Blue	6	7	8	9	10	Orange	10	11	12	13	14
Blue	13	14	15	16	17	Orange	13	14	15	16	17	Green	17	18	19	20	21
Orange	20X	21	22	23	24X	Green	20	21	22	23	24	Blue	24	25	26	27	28
Green	27	28				Break	27X	28X	29X	30X	31X	Orange	1	2	3	4	5

Lunch Entrée Choices include the daily entrée & peanut butter and jelly sandwich. Breakfast includes choices of fresh fruit, raisins, fruit juice & milk.

**Fish is offered as a choice in addition to the lunch entree during Lent on Fridays**

Elementary School Food Service Contact information:  
 Lester B. Sommer: Brandi Tapia (765)362-3979 ext. 232  
 Pleasant Hill: Kim Fidler (765)339-4403 ext. 232  
 Sugar Creek: Dee Brooks (765)794-4855 ext. 232

We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the Kitchen Supervisor prior to the meal. Nutrition and payment found at: <http://www.nm.k12.in.us/parent/food-services>